

Instructions for Treatment Summary and an Example

Most institutions provide treatment summaries, but you can also prepare your own and include all follow up tests with various specialties (such as hearing tests, dental work, heart tests, etc.) You can use the summary provided from your hospital to create a complete summary of your own. Update your summary with every visit and make sure your pediatrician has a copy in your child's file.

You can individualize the summary to include the most significant issues for your child, such as paralysis, seizures, hearing loss, endocrine abnormalities, neurocognitive therapy, etc.

A treatment summary should contain the following important information:

- Name of child, birth date, allergies
- Name of disease, date diagnosed, age at diagnosis
- Symptoms leading to diagnosis, stage, location of metastases (type of scan)
- Date and description of any relapses
- Name, address, and phone number of treatment locations
- Name, address, and phone numbers of pediatric oncologist and other health team members
- **Chemotherapy**—list of all the chemotherapy drugs, dates given, type of administration (ie IV or oral), cumulative doses
- **Surgeries**—list of all surgeries, dates, location, and surgeon's name
- **Radiation**—list all dates, areas (fields), total doses, and number of treatments (fractions), and name of radiation oncologist
- **Stem cell transplant(s)**—dates, location, and types of transplant, and transplant doctor
- **Transplant conditioning**—list chemotherapy, radiation, and stem cell product (cell count and purged/unpurged)
- **Other treatment**—retinoids, antibodies, supplements
- Blood products received, and date of first blood product, significant reactions
- Names and dates of any significant complication(s), and treatments received for complication(s)
- **Follow up exams and results**

Keep a copy of your cancer treatment summary in a safe place, and give a copy to each of your health providers. Make sure your child always has a copy when he/she travels.

References:

<http://asheducationbook.hematologylibrary.org/cgi/reprint/2005/1/507.pdf>
“Cancer Survivorship—Pediatric Issues” by Smita Bhatia, *Hematology* 2005

<http://www.survivorshipguidelines.org/pdf/GuidelinesAppendixI.pdf>
CureSearch Survivorship Guidelines; includes templates for Treatment Summary

Example Summary with fictitious information on next page

Please contact info@cncfhope.org with any comments